

INDIAN SCHOOL AL GHUBRA, MUSCAT

18 May 2022

To parents of students in classes 6, 7 and 8

Dear Parents

The weight of students' school bags is a matter of concern to the school just as it is for parents. The class timetable is given to students so that limited books are brought daily to school.

Following are some of the solutions to help reduce the weight of the school bags.

1. Students may leave books in the class cupboards. Books may be taken home on Thursday, if required.
2. Mathematics: text books need not be brought to school; sums are displayed on the smart board.
3. Science, Social Science, Languages: books to be brought as and when required only, as per the subject teachers' instructions.
4. Notepad sheets: brought to school as per the requirement; the notepad is not to be brought.
5. Printed pages of a lesson may be brought to school.

The recommendations of the school with regard to the school bags can be successful only with the support of the parents. Parents could help their children by occasionally monitoring what they bring to school just as teachers ask them once in a while why their bags are heavy.

Other suggestions:

1. Books to be brought to school according to the time table.
2. The required stationery alone to be brought. Ink killer, white ink, highlighters are not to be brought to school. Sketch pens and colour pencils are to be brought only when necessary. Students are not required to use colour pens and colour pencils to draw lines. Black pens are not used by students in their notebooks.
3. Office files / Organiser files need not be brought to school. A light, clear bag file may be carried for worksheets given in class. At the end of the week, parents may help children file the worksheets at home.
4. Water bottles may be filled in school from the water dispensers provided on every floor in school.
5. Trolley bags may be heavier compared to regular school bags. The size of the bags can also make a difference.

Together, we can help our children manage the weight of their school bags.

With best wishes

Principal